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HOPE AFLOAT

Life-jackets worn by young refugees on display at Halifax museum

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VOLUNTEERS

Council votes against chief's recommendations



Halifax regional council has rejected a controversial plan from the city's fire chief, but the cost of that decision won't be known until next meeting.

After hours of heated debate during Tuesday's meeting, city council voted 11-5 against Halifax fire Chief Doug Trussler's recommendation to convert Stations 4 and 13 to e-platoon and Station 11 to volunteer-only. The motion had been deferred from a November council meeting.

Mayor Mike Savage was one of the 11 who voted against Trussler's motion.

"There are concerns about changing the type of firefighter that we have in certain areas of the city and I think that case is made,"

he said during a break in Tuesday's meeting.

"It doesn't indicate any disrespect towards the chief, it just means that we don't see it the same way that he does."

After the meeting, Trussler said he believes he and council have the same goal in mind: Public safety.

"We may have a different approach in how to get there," he said.

"My job is to give council my best professional advice based on solid facts, then council will debate it and they'll give me clear direction, and I'm getting clear direction as we move forward."

That direction came in the form of an alternative motion from Coun. Steve Craig that would mean hiring enough career firefighters to fully staff several stations in Halifax

Regional Municipality. That motion was deferred to the next council meeting, pending a staff report on the costs of that plan from Trussler.

Preliminary estimates indicate that plan would mean hiring 52 firefighters at a cost increasing to \$5.4 million annually within the next four years.

That would likely mean a tax increase, which Halifax Professional Firefighters Union president Jim Gates said should surprise no one.

"If you want a Cadillac service, then you should be prepared to pay for that," he said after the meeting.

"To maintain the level of service that you've got, we can do that and it's cost-neutral, but to deliver the service that this growing city needs, there's going to have to be a tax increase."

My job is to present council with the facts. They're the politicians, they have to do what's best for the municipality and their constituents.

Halifax fire Chief Doug Trussler

metronews

Your essential daily news

Steven Avery, the subject in Netflix's series Making a Murderer, has filed an appeal of his conviction



COUNCIL

Staff to look at leaf collection issues



**Zane
Woodford**
Metro | Halifax

One Halifax regional councillor is concerned the city isn't doing a good enough job collecting fallen leaves.

Council voted Tuesday to ask for a staff report to "analyze the effectiveness" of the municipality's leaf collection program.

Coun. Linda Mosher put the motion forward, noting that several residents in her district and others had complained to the city that leaves blocking storm drains hadn't been cleaned up, leading to localized flooding that has been seen in the municipality as recently as Monday morning.

"Many of these streets have chronic flooding problems,"

Mosher said at Tuesday's meeting. Mosher's motion said the city was "fortunate that we have engaged citizens" who try to clear the drains themselves; "however, the volume makes it impossible for residents to remove all the leaves and debris from HRM's streets."

"I'm just hoping that we can come up with an answer because it does cause localized flooding, public safety issues and more money in the end."

+ CITY REPORT

Coun. Linda Mosher asked for the report to be complete before the 2016-17 budget is finalized so that leaf collection can be done properly next year.



Christopher Calvin Garnier, charged with second-degree murder in the death of Const. Catherine Campbell, inset, is escorted from provincial court in Halifax on Sept. 17. ANDREW VAUGHAN/THE CANADIAN PRESS; INSET: FACEBOOK

REPORT

In camera meeting confusion at city hall

There is some confusion around the regional council table about what can and cannot be said about items that were dealt with behind closed doors.

Halifax regional council voted Tuesday to ask for a staff report clarifying what councillors can and cannot say in public about in camera items.

Coun. Jennifer Watts put the motion forward, and said she was referring to times when there is

both a public and an in camera report on the same subject. She said she was looking for clarification on what can and cannot be said in public afterwards, and what the process for complaints was in the case of a breach.

Watts says sometimes councillors might accidentally make an in camera breach, and other times councillors release things "very intentionally."

ZANE WOODFORD/METRO

CATHERINE CAMPBELL

The defence is waiting on evidence in death of officer

A preliminary inquiry has been tentatively set for July in the case of a Halifax man accused in the death of an off-duty police officer, as the defence awaits access to toxicology and other forensic evidence.

Tentative dates of July 11

to 15 were set Tuesday for Christopher Calvin Garnier, who is charged with second-degree murder and indecently interfering with a dead body in connection with the death of 36-year-old Catherine Campbell in September.

However, defence lawyer Joel Pink said those dates hinged on whether he gets all of the evidence disclosure he requires in the meantime.

Judge Anne Derrick scheduled an April 7 focus hearing in order to determine whether the case can proceed in July.

If it can't, Derrick set five

backup dates in September for the preliminary inquiry.

Outside court Pink said he has received 1,700 pages of disclosure but was still waiting for medical, toxicology and other forensic evidence.

He said no decision had been made on whether Garnier would apply for bail, meaning his client could potentially wait a full year in custody before the legal case proceeds.

"But it's very important that we uncover every stone to ensure the evidence is there, so that's what we are currently

+ MORE DETAILS

Christopher Garnier did not appear in court Tuesday.

doing," Pink said.

Campbell's body was discovered Sept. 16 near an overpass that leads to the Macdonald Bridge connecting Halifax and Dartmouth. She was reported missing two days earlier when she didn't show up for work with the Truro Police Service.

THE CANADIAN PRESS

CRIME

Teens facing charges after home invasion



**Kristen
Lipscombe**
Metro | Halifax

Two teen boys are facing a slew of charges after allegedly breaking into a Dartmouth residence wielding a gun during the early morning hours Monday.

Braton Charles Joseph Smith, 18, and a 17-year-old boy, who cannot be named under the Youth Criminal Justice Act but is also from Dartmouth, are both accused of break and enter, break and enter with their

faces masked, impersonating a peace officer, careless use of a firearm, possessing a weapon for a dangerous purpose, possessing a firearm knowing its unauthorized, possessing a prohibited firearm with ammunition, among other charges.

Those charges are on top of two counts apiece of unlawful confinement of a firearm, pointing a firearm and theft over \$5,000, according to a Halifax Regional Police news release issued Tuesday afternoon.

DRUG SEIZURE

Man, woman charged with trafficking

A man and woman are facing drug charges after quantities of cocaine, marijuana, scales and phones were seized in a Halifax police search.

On Tuesday around 5:30 a.m., Halifax Regional Police said members of the integrated drug unit searched an apartment in the 0-100 block of Evans

Avenue with help from the emergency response team and patrol members.

As part of the search, police said in a release that quantities of cocaine, marijuana, unknown substan-

ces and capsules thought to be controlled drugs, digital scales and multiple cell phones were seized.

Five people in the apartment were taken into custody.

An 18-year-old Timberlea woman and a 28-year-old man from Halifax were both charged with possession for the purpose of trafficking in cocaine, and possession of marijuana.

Both were scheduled to appear in Halifax provincial court on Tuesday.

METRO

3

Three of the five people arrested were released without charges.

Health and safety questioned at Atlantic's largest cancer facility

VICTORIA GENERAL

Problems with mould, pests, contamination

The water is undrinkable due to pipes fouled by Legionnaire's disease.

Floods routinely disrupt surgeries and send nurses scrambling to save medical equipment.

Bedbugs are rampant in some units and rodents have been known to roam the wards.

The problems at the Victoria General hospital site in Halifax — Atlantic Canada's largest cancer treatment facility and a major health-care provider in the region — have become a cruel joke for staff and patients, who have endured all of that plus overheating, mould and airborne debris that contaminates sterilized devices.

"It's like working in a Third World country," said nurse Trish MacDonald.

She's hoping that, after years of debate and planning, the decrepit state of the hospital might finally be addressed when the provincial government receives an initial plan in the coming days on the fate of the Victoria General site.

Health Minister Leo Glavine has promised to lay out a road map on plans to replace the



The Victoria General hospital in Halifax has been plagued with problems for both staff and patients. JEFF HARPER/METRO



You have some of your most immuno-compromised patients there. If that was an apartment building, it would have been shut down and condemned by the Department of Health, so why in the world do we have a building that has Legionella? Nurse Trish MacDonald

hospital, which most recently suffered a series of leaks that cancelled dozens of surgeries, closed units and caused chaos for patients and physicians.

The heating system at the Victoria General was shut down last week after a leak prompted workers to turn it off for repairs.

They relied on forced air

heating in the hallways to heat patients' rooms, creating what one nurse described

as a "sweatbox."

That followed a burst pipe last September that caused

flooding on three floors of the adjoining Centennial Building, displacing patients from

75
Approximate depth, in centimetres, of the water levels in given areas of the Centennial Building, following a three-floor flood in September that began with a burst pipe.

some units where water levels reached as high as 75 centimetres.

Glavine acknowledged that the flood caused his government to expedite plans for a replacement and relocation of medical services now done at the Centennial and Victoria General buildings. He said a hospital in Dartmouth and an addition to the Infirmary site will take on some of those patients.

"There's no question, the flood was a watershed moment," Glavine said in an interview.

"We can no longer wait. There is a very high degree of urgency with the accumulated problems and deficiencies in those buildings."

Everton McLean, spokesman with the Nova Scotia Health Authority that oversees the hospital, says they know the site needs to be shut down but must also determine how to manage patients during the decommissioning.

THE CANADIAN PRESS

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LOST AND FOUND

Special ring turns up after 3 years

Lisa Bailey laid awake Sunday night, as she kept touching the fourth finger on her left hand to make sure her anniversary ring was there and that she didn't dream that it was returned to her.

"I didn't sleep all night. I can't believe it."

Bailey lost her ring three years ago while walking her dog Harley along the Albion Trail and through the town of Stellarton. During the outing, she took off her gloves, and upon arriving home, discovered that it was missing.

She was devastated by the loss. "There were many, many,

many tears."

Ever since, she and her husband Brett have been doing everything they can think of to find the missing piece of jewelry, including looking at pawn shops and daily on Kijiji to see if it would turn up there.

On Sunday, the Stellarton resident finally got the good news she was hoping for. Although she was still searching, she had long ago given up hope that she would actually find

her ring. "I thought there's no way it's mine — it's been three years," she said.

"It means so much — it's irreplaceable to me. It was very emotional when I did get it back."

A photo they had taken was used to prove to the Stellarton Police Service that the ring belonged to her. The police department

was able to match the ring through the photo and because it was the proper fit and perfect match to her wedding band.

Stellarton Police turned to social media recently to try to find the owners of two rings in their possession. Const. Nancy MacCulloch recently took over the duties of exhibit custodian for the police service, and as part of an audit, came across the rings. Because the rings were of value, she decided to try to find the owners.

"It was a happy ending," she said. "I can only imagine how frantic she must have been. It's very satisfying. We don't always get a lot of happy endings."

TC MEDIA



Lisa Bailey with her lost ring. TC MEDIA

It was very emotional when I did get it back.

Lisa Bailey



Curator Dan Conlin adjusts life-jackets worn by Syrian refugees, on display at the Canadian Museum of Immigration at Pier 21. JEFF HARPER/METRO

Museum focuses on migrants' travails

PIER 21

Life-jackets of kids who braved Mediterranean make impact

Yvette d'Entremont
Metro | Halifax

No one will ever know the full story behind the two small life-jackets sitting in a display case at the Canadian Museum of Immigration at Pier 21.

The life-jackets are part of a small exhibit that opened last week at the Halifax museum. Worn last summer by very young refugees caught up in the Mediterranean migrant crisis, museum curator Dan Conlin said the items are a powerful symbol of the refugee experience.

"I was kind of trying to find material, tangible ways to connect to this big story about people fleeing violence and people coming to Canada," Conlin said Tuesday.

"The life-jackets struck me as a really powerful way to make people think, to put themselves in someone else's shoes. A family so desperate to find safety that they would entrust themselves and their very small children to the safety of these very frail devices."

On loan from the Canada Science and Technology Museum in Ottawa, the life-jackets

LINKING PAST AND PRESENT

Conlin said the small but powerful display of two small life-jackets helps bring together the past and present refugee experiences.

"Refugees are a big part of the story of immigration of Canada," he said. "It connects so nicely to our permanent exhibit where we talk about previous waves of refugees."

"It's kind of neat we have this big long time of people arriving in Canada from 1604 right up to the present day and so in many ways the latest group of refugees from Syria and other countries in North Africa are the latest little step on this timeline."

The exhibit will be on display in Halifax until March 31.

tle people who were wearing these? However, the nature of the migrant experience is very anonymous," Conlin said.

While one of the life-jackets is the real deal, Conlin said the other is a cheap vinyl wading pool toy.

"There is quite a scandal about fake life-jackets being sold to refugees," he said. "And very low quality recreational toys such as the one we have on exhibit just shows you how high the stakes are and how desperate people are."

The two children did survive and were rescued. But Conlin said their country of origin is unclear. The raft one of them came from carried passengers from 12 different countries.

"They could have been from Syria, they could have been from Iraq, they could have been from Afghanistan, Ivory Coast or Gambia," he said.

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I was kind of trying to find material, tangible ways to connect to this big story about people fleeing violence and people coming Canada.

Museum curator Dan Conlin

Autistic workers a boon

MENTAL DISORDERS

Database links employers with talented people on spectrum

Haley Ryan
Metro | Halifax

Halifax is leading the country in helping those with autism find work, a move experts say is good for business.

Cynthia Carroll, executive director of Autism Nova Scotia, announced the Autism Job Seekers Database in Halifax on Tuesday, a project done in partnership with the Ready, Willing and Able initiative.

"When you break down those stigmas, you see it for the strengths and the benefits that it can bring," Carroll said Monday after the launch.

Ready, Willing and Able (RWA) is an initiative of the Canadian Autism Spectrum Disorders Alliance and Canadian Association for Community Living to bring those with intellectual disabilities



Cynthia Carroll, head of Autism Nova Scotia, on Tuesday. JEFF HARPER/METRO

or autism into the workforce.

Halifax Public Libraries recently hired an employee through the database, while UPS hired three through RWA, including one on the database.

The database began as a pilot project three months ago, Carroll said, and so far 55 people have

uploaded their resumes.

Participants are then connected to employers or other avenues based on what they want to do, Carroll said, which could mean going right into an interview process or finding resources for aspiring entrepreneurs.

About 10 per cent of those in

the database already found jobs, Carroll said, while 75 per cent have navigated the system and either moved on to other agencies or are in the search process.

"I didn't picture I would find a job so quickly and walk into it so easily. Working has made me more independent, which has

You're getting an employee who's very dedicated.

Cynthia Carroll

improved my entire life," said John McRae in a news release.

Carroll said it's important to have a database for those with Autism Spectrum Disorder rather than all intellectual disabilities, since autism is a social communication disorder bringing different challenges. About 75 per cent of people on the spectrum have normal or above-average intelligence and often don't fit in projects focusing on those with cognitive delays, Carroll said.

More than 400 people have found work in Canada through RWA, Carroll said, and employers keep noticing higher productivity in all their employees — not just those with autism.

"It's shifting and positively impacting the workplace culture. You're getting an employee who's very dedicated, who's loyal, who misses very little time," Carroll said.

IN BRIEF

Margaret Miller gets post of environment minister

Premier Stephen McNeil has appointed Margaret Miller to cabinet as environment minister.

Miller, who represents the riding of East Hants, was first elected to the legislature in 2013.

She had previously served as deputy speaker of the legislature.

Miller takes over from Finance Minister Randy Delorey.

Delorey was assigned the portfolio in November following Andrew Younger's dismissal from cabinet and the Liberal caucus.

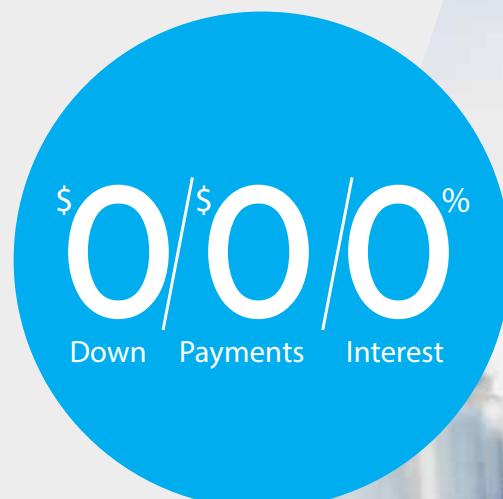
THE CANADIAN PRESS

Man accused of sex crimes and planning an abduction

A Lunenburg County man is facing sex-related charges involving an underage girl and is accused of attempting to facilitate an abduction.

The accused is Justin Michael Earl Arenburg, 18, of Conquerall Mills. Arenburg was released on his own recognizance with conditions and \$1,000 non-cash bail. KINGS COUNTY REGISTER

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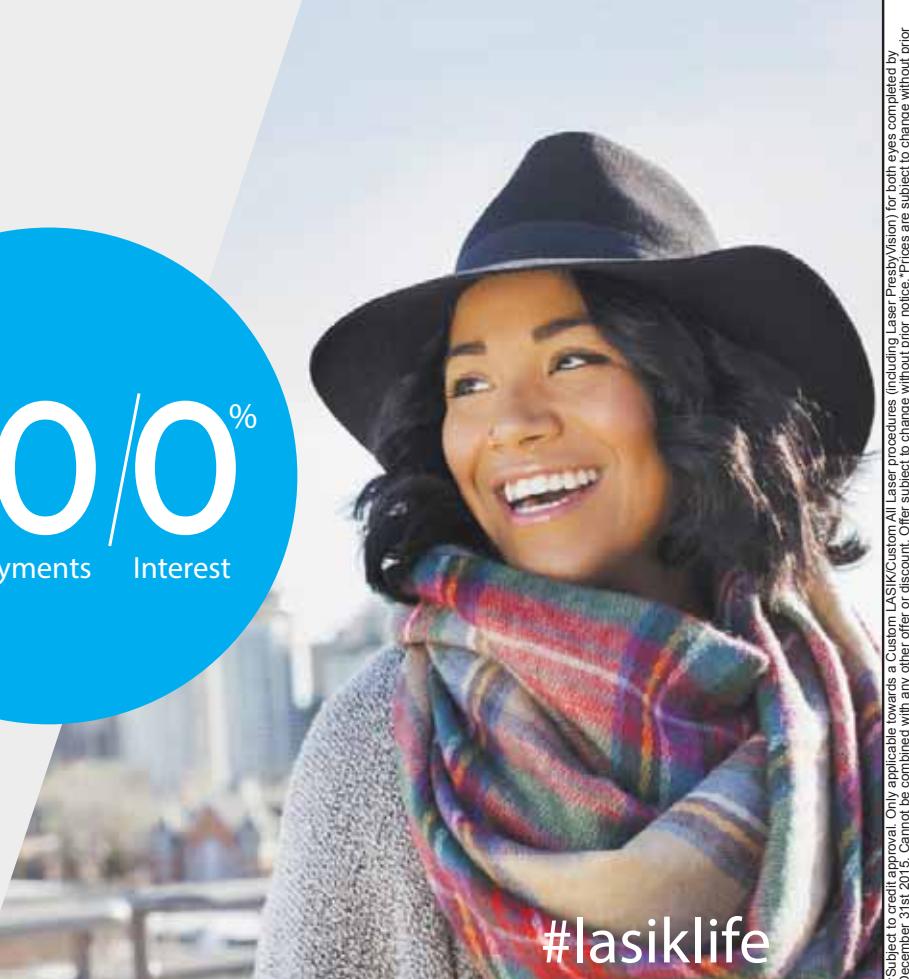


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Operation: Welcome to Canada

ARMED FORCES

Military has helped Syrians overseas, now will help house

The military is beginning to wind down its overseas involvement in the Liberal government's commitment to resettling thousands of Syrian refugees in a matter of months.

Approximately 70 Canadian Armed Forces members have returned from Jordan and Lebanon, where they were part of a broader government effort to bring 25,000 Syrians to Canada by the end of next month.

"All it takes is seeing one little one the same age as my daughter — smiling because they are going to Canada," said Maj. Drew Willis, who was among 68 soldiers who arrived to waiting family members early Tuesday at Canadian Forces Base Gagetown in New Brunswick.

About 150 soldiers remain overseas helping process applications and conduct med-



Quebec's immigration minister Kathleen Weil greets a Syrian family in Quebec City on Tuesday.
CLEMENT ALLARD/THE CANADIAN PRESS

ical tests on the thousands of Syrians who are still passing through the screening process.

The Defence Department says the decision to bring some personnel home was made in consultation with the Immigration Department in anticipation of program completion.

"Operation Provision has been a tremendous opportuni-

ty to showcase leadership and Canadian values on the world stage and we will continue to stand in support of this whole-of-government effort, ready to assist wherever and however we are needed," Defence Minister Harjit Sajjan said in a statement Tuesday.

Where the military is going to be needed next is at home.

Thousands of Syrians landing in the coming days are expected to be billeted at military bases as cities and towns across the country are still busy securing housing for the new arrivals.

Space is available for 6,000 people at various bases and facilities throughout Ontario and Quebec, with an additional

QUEBEC GOAL

Province shy of original projected numbers

Immigration Minister Kathleen Weil said Tuesday roughly 2,800 Syrians have so far made it to Quebec, representing about 75 per cent of the provincial government's initial objective of 3,650 Syrian refugees to the province by the end of 2015. THE CANADIAN PRESS

7,000 spots also in reserve if needed, the Forces say on their website.

Canadian Forces Bases Valcartier, Kingston and Borden are expected to be the first three put into use as early as this week.

Tuesday was expected to be the day that the 10,000th Syrian refugee arrives.

Three government-organized flights of refugees were scheduled to arrive Tuesday, one in Montreal and two in Toronto, taking the number of arrivals to just over 10,000. THE CANADIAN PRESS

AMERICAN POWERBALL U.S. lotto spurs tax headache

Win the record \$1.5-billion US American Powerball lottery jackpot next Wednesday, and you're exempt from Canadian taxes.

But you do have to pay American taxes and that can be expensive and complicated.

Mark Feigenbaum, a U.S. lawyer/accountant and a Canadian accountant who specializes in cross-border taxation, noted that for U.S. "non-resident aliens" i.e. Canadians who don't live in the U.S. or don't have a green card or who are not U.S. citizens, the American IRS withholds 30 per cent tax on winnings.

"As for the state tax, it depends on the state which the lottery was run," Feigenbaum continued. "For many states there is no state tax paid to residents on its own same state-run lottery. For others, there are state taxes on lottery winnings to its residents but not to non-residents of that state."

Still, if you beat the astronomical odds, you'll be able to afford an accountant.

TORSTAR NEWS SERVICE

PRIME MINISTER PERKS

Justin Trudeau gets sensational swag



Michael Woods
Metro | Ottawa

The prime minister has a lot of responsibility but enjoys great perks — like gifts from heads of state. Trudeau must declare any gifts worth more than \$200. Here are five of the coolest things he's received so far.

1 Astronaut Ice Cream
From Gary Polonsky and Alex Benay, board chairman and president, respectively, of the Canada Science and Technology Museum.

2 Château Larrivet-Haut-Brion Red Bordeaux 2000
French President François Hollande gifted Trudeau three bottles of this wine (average

90.7 rating on cellartracker.com) at the UN climate summit in Paris last November.

3 Glass Globe designed by Kenneth Cobonpue
Philippines President Benigno Aquino III gave one of the internationally acclaimed Filipino designer's pieces to Trudeau at the APEC Summit in Manila on Nov. 18.

4 John Deere Mugs
Another gift from the Canada Science and Technology Museum. You can never have enough mugs.

5 Basket with liqueurs, dark rum, vodka and chocolates
Also from Aquino. Chocolate is a safe choice for a guy you don't know well. Plus, you can't go wrong with "a variety of liqueurs." Well done, President Aquino.

IN BRIEF

Queue-jumping concerns in immigration system

People seeking to bring parents or grandparents to Canada this year were reportedly paying couriers up to \$400 to ensure their applications were at the top of the pile for the first-come, first-served federal immigration program.

Andre Nicolae said he thought he had everything

in good order when he sent off his application via UPS to sponsor his Romanian grandmother. He was disheartened to hear from a courier friend that some people had paid couriers up to \$400 just to ensure their application was at the front of the line. He said it raises questions for him about the fairness of the program. THE CANADIAN PRESS

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Rekindle belief in change: Obama

STATE OF THE UNION

U.S. president urges rejection of fear, division in final address

President Barack Obama, entering the last year of his presidency, urged Americans Tuesday night to rekindle their belief in the promise of change that first carried him to the White House, declaring that the country must not allow fear and division to take hold.

"It's easier to be cynical, to accept that change isn't possible and politics is hopeless," Obama said in his final State of the Union address. "But if we give up now, then we forsake a better future."

At the heart of Obama's address to lawmakers and a prime-time television audience was an implicit call to keep Democrats in the White House for a third straight term. He struck back at critics who have challenged his economic and national security stewardship, calling it all



President Barack Obama gestures as he arrives on Capitol Hill in Washington, Tuesday, before giving his State of the Union address before a joint session of Congress. J. SCOTT APPLEWHITE/THE ASSOCIATED PRESS

"political hot air."

In a swipe at some Republican presidential candidates, he warned against "voices urging us to fall back into tribes, to scapegoat fellow citizens who don't look like us or pray like us or vote like we do, or share the same background."

Seeking to shape his own legacy, Obama ticked through a retrospective of his domestic and foreign policy actions in office, including helping lead the economy back from the brink of depression, taking aggressive action on climate change and ending a

Cold War freeze with Cuba.

Yet he was frank about one of his biggest regrets: failing to ease the persistently deep divisions between Democrats and Republicans.

"The rancour and suspicion between the parties has gotten worse instead of bet-

ter," he conceded. "There's no doubt a president with the gifts of Lincoln or Roosevelt might have better bridged the divide, and I guarantee I'll keep trying to be better so long as I hold this office."

The State of the Union address, a kind of annual

“

If we give up now, then we forsake a better future.

“

The rancour and suspicion between the parties has gotten worse instead of better.

“

I'll keep trying to be better so long as I hold this office.

progress report from the president, could be one of Obama's last opportunities to claim a large television audience as president. However, the address has suffered a major drop-off in viewers in recent years.

THE ASSOCIATED PRESS

STAG & DOE

BY MARK CRAWFORD
JANUARY 19 - FEBRUARY 7, 2016



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Citizens leave carnations as they gather near the site of the explosion. EMRAH GUREL/THE ASSOCIATED PRESS

ISTANBUL

Explosion kills 10 in historic district

A suicide bomber detonated a bomb in the heart of Istanbul's historic district on Tuesday, killing 10 foreigners — most of them German tourists — and wounding 15 other people in the latest in a string of attacks by Islamic State of Iraq and the Levant (ISIL) extremists targeting Westerners.

The blast, just steps from the historic Blue Mosque and a former Byzantine church in the city's storied Sultanahmet district, was the first by ISIL to target Turkey's vital tourism sector, although ISIL militants have struck with deadly effect elsewhere in the country.

Turkish Prime Minister Ahmet Davutoglu said the bomber was a member of ISIL and

pledged to battle the militant group until it no longer "remains a threat" to Turkey or the world.

Davutoglu described the assailant as a "foreign national," and Deputy Prime Minister Numan Kurtulmus said he was a Syrian citizen born in 1988. However, the private Dogan news agency said the bomber was Saudi-born.

Eight Germans were among the dead and nine others were wounded, some seriously, German Foreign Minister Frank-Walter Steinmeier told reporters in Berlin. Meanwhile, German chancellor Angela Merkel pledged Germany would continue its fight against terrorism. THE ASSOCIATED PRESS

IN BRIEF

Germany seeks change to deportation regulations

Germany will make it easier to deport criminal foreigners following public outrage over the New Year's Eve assaults in Cologne, officials said Tuesday.

The changes, which have to be approved by the Cabinet and Parliament, would mean that even a suspended prison sentence would be grounds for deportation if someone is found guilty of certain crimes. These include homicide, bodily harm, sexual assault and violent theft.

THE ASSOCIATED PRESS

Classified documents prompt legal wrangling

A U.S. Army judge is considering how classified information should be handled in the case against Sgt. Bowe Bergdahl, who walked off an outpost in Afghanistan in 2009.

Bergdahl's attorneys argued at a hearing Tuesday for wider leeway in their ability to gather and use the classified information in his case. He faces charges of desertion and misbehaviour before the enemy, a charge that carries a punishment of up to life in prison.

THE ASSOCIATED PRESS

\$30/BARREL

Plunge in oil prices follows a falling loonie

Oil and the Canadian dollar breached two benchmarks Tuesday, with crude briefly dipping below \$30 US a barrel and the loonie slipping beneath the 70-cent US level during a volatile day on the markets.

At one point in early afternoon trading, a barrel of West Texas Intermediate fell as low as \$29.93 US before it regained some ground to settle at \$30.44 US a barrel. That was still down 97 cents from Monday's close.

The Canadian dollar hovered above and below the 70-cent US mark throughout the day, dropping as low as 69.85 cents US, before ending the day at 70.14 cents US — its lowest level since April 2003.

Oil prices have dropped precipitously over the last year and a half, falling from above \$105 US in June 2014 to levels not seen in more than a decade. And the loonie is heavily influenced by



Going forward, it is very likely that global economic conditions will remain unfavourable and that subdued commodity prices will persist.

FINANCE MINISTER BILL MORNEAU

the global price of oil, one of the country's major exports.

The falling dollar and price of oil prompted questions for Finance Minister Bill Morneau, who was in Montreal on Tuesday for pre-budget consultations.

"I know that Canadians are looking closely at the price of oil. Canadians are looking closely at the Canadian dollar," Morneau said. "We recognize that those are important indicators for Can-

adians as they go about considering their situation."

The currency's historic low is 61.79 cents US, set in January 2002. It hit an all-time high of 110.3 cents US in November 2007 as Canada's resource-heavy economy benefited from global demand for its exports.

The last time Canada's dollar was worth more than the greenback was about three years ago, in February 2013.

OIL SANDS

Projects keep pumping despite losing money

Oilsands operators have little choice but to keep pumping despite losing money on every barrel, said industry analyst Martin King, with Calgary investment dealer FirstEnergy Capital. THE CANADIAN PRESS

If there was one bright spot Tuesday, it was the S&P/TSX composite index, which added 54.65 points to end the day at 12,373.90.

In New York, the Dow Jones rose 117.65 points to close at 16,516.22. In other commodities, the February contract for gold fell \$11 to settle at \$1,085.20 US an ounce while February natural gas fell 13.9 cents to \$2.257 US. THE CANADIAN PRESS

ing a multimillion-dollar contract with an NHL, NBA or Major League Baseball star.

WINNER: TOURISM

Canada's tourist hot spots are getting a boost from Americans heading north of the border as well as Canadians opting to take so-called staycations.

"We've got a lot of drive traffic coming across the border," said Sarah Morden, a spokeswoman for B.C. ski resort Whistler Blackcomb.

The Conference Board of Canada says overnight travel from the U.S. increased about seven per cent last year.

ECONOMY

Industries cheer, jeer ailing dollar

The loonie fell below the 70-cent US mark Tuesday for the first time in 13 years. In its wake, the rapidly dropping dollar is leaving a roster of winners and losers in Canada. Here's a look at who is benefiting — and who is hurting:

WINNER: FILM INDUSTRY

Hollywood North, whether it be Vancouver, Toronto, or some of the up-and-coming markets like Calgary, is booming. Peter Leitch, president of North Shore Studios and chairman of the Motion Picture Production Industry Association of B.C., said American studios are increasingly heading to Canada to take advantage of the low dollar.



"That does make Canada one of the top choices of places to come to," said Leitch. "A few years ago when it was at par, it was quite a challenge to attract business."

LOSER: PRO SPORTS TEAMS

If you think buying a pair of shoes in the U.S. hurts, try sign-

LOSER: CONSUMERS

Be prepared to pay more for anything imported, including food. The University of Guelph's Food Institute estimates the average Canadian household spent an additional \$325 on food in 2015 and is expected to see an additional increase of about \$345 this year because of the low dollar.

TORSTAR NEWS SERVICE



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metro VIEWS

Your essential daily news

Barking BFF
Fido really is your best friend. A new study shows scientifically that dogs understand human voices and facial expressions.

Wednesday, January 13, 2016

ELLEN VANSTONE

URBAN ETIQUETTE



Dear Ellen,
Is it acceptable to break up with a person by text or email? Or do you have to do it in person?

Jamie, Vancouver

Dear Jamie,
Traditionalists will maintain that the only acceptable M.O. is to meet in person, in private, deliver the blow, and then allow your newly minted ex to react for as long, and with as much tearful, abusive rage, as deemed necessary.

But, with an open mind to evolving mores and technology, I put this question to Facebook friends of all ages, and received a variety of answers.

At least two male respondents seemed to miss the point: Don ("pro basketball or football game, with the help of the cheerleaders, while dressed as the mascot") and Zach ("Always ask the father first. It's tradition"). Actually, I'm pretty sure both those guys are single at the moment, which may explain their confusion.

Others (I hope) were joking, including Tim ("Twitter. You manage to tell the person and the world at the same time!") and Bren ("Invite them to a private Facebook event titled 'Our Anniversary' and then click 'not going'").

Twenty-something Katie stated that "Lots of people from the younger generation (like, high-school kids) actually prefer being broken up to via text. For me and my friends, that's an absolute no-go."

I can certainly see the benefits of an e-breakup, from both

As always with good manners, it's about putting the other person's feelings above your own.

Is it acceptable to break up with someone by text or email? Or do you have to do it in person?



Ani Castillo

sides. The dumper doesn't have to face the music, or get a drink thrown in the face. And the dumppee can collapse with shock and dismay without giving the dumper the satisfaction of seeing the collapse, followed by the pleasure of crafting a withering reply accusing the dumper of spineless, selfish courtesy. Win-win — if you're both pathologically repressed social incompetents who live 5,000 miles apart without access to voice calls or Skype, and you're under the age of 12.

For the rest of you, note that the most representative reply in my FB focus group was this one, from Nora: "No text, definitely no email or snail mail (that's for business only); phone or Skype if you can't see them in person. NO crowded restaurant! Ideally, the civilized breakup is in person in private."

But others had qualifications to this basic rule of eti-

quette, like Maria: "Private, but not TOO private. I think proper etiquette would allow for the ability to stomp off. I know a woman who was dumped (not literally) in a canoe in the middle of a lake."

I happen to know that Maria, years ago, was given the pink slip by a snotty New York Times reporter boyfriend in public on the Upper East Side. But to this day, we both savour the memory of her slapping him across the face in front of a delighted sidewalk audience before she leapt into a passing cab.

Most respondents eschewed the crowded-restaurant scenario, which, aside from adding insult to injury by being such a cliché, denies more timid dumppees their right to a private, tearful, abusive rage.

But Jessica commented: "I'm going to put in a small plug for restaurant, only because I've seen so many couples break up that way

(and have been there myself). In fact Jane F. and I once worked up a whole bit about the qualities of a Good Breakup Restaurant." And Karen even cited a favourite location: "My breakup place was College Street Bar. Got dumped there and later paid it forward."

If you're not sure which breakup method is best for you and your intended ex, choose Nora's protocol: In person, in private. And remember that, as always with good manners, it's about putting the other person's feelings before your own. In this case, the other person's feelings may be vengeful hatred of you, but so be it. Take it on the chin, and know that you did the right thing, which may even help the person when calm enough to appreciate it.

**Need advice?
Email Ellen:**
scene@metronews.ca

metroview

The toughest part of Syrian resettlement is still ahead of us

Tim Harper



Much of the political and national conversation on the Trudeau government's ambitious Syrian refugee program has revolved around targets and timelines. But that has obscured a larger truth.

As the country's 10,000th Syrian refugee arrives in Canada this week, the toughest part of this project for the Liberal government lies ahead.

For the first time, government-sponsored refugees have topped the numbers of privately sponsored refugees, and another 15,000 displaced Syrians — a mix of both programs — will arrive by the end of February.

Military bases are standing by to potentially house government-sponsored refugees in the dead of a Canadian winter, and this is a much more vulnerable, at-risk group than those who have the privately sponsored support system awaiting their arrival.

This country, because of geography, some prudent planning despite the rush, and the ability to pick and choose its new arrivals, can legitimately look on our effort with pride. We are now standing virtually alone in not having to face down some type of refugee backlash.

But as their numbers swell, it will not take much to spark one. There can be no perception that housing, schooling or job queues are jumped and the resettlement effort has

to continue relatively seamlessly so that anxieties are not heightened on either side. There are those who want this government project to fail and they are lurking, on social media and email inboxes, waiting with matches to ignite that spark.

Canadians have contributed to winter clothing drives and have welcomed refugees into their homes. It has taken on the trappings of a national project.

But European countries, without the ability to pick and choose, have been dealing with a tide of migrants with no end in sight. According to the International Organization for Migration, 1,700 migrants have arrived by sea in Europe each day so far in 2016.

In Germany, Angela Merkel's government is changing laws to make it easier to deport foreign nationals, including asylum-seekers, in the wake of a massive number of assaults and sexual assaults of women in Cologne on New Year's Eve. All the suspects identified so far are immigrants, but they are not necessarily part of a wave of 1.1 million migrants who flooded into Germany last year.

That doesn't seem to matter. The damage is done. There is no direct line to be drawn between those incidents and attitudes in Canada, but opponents of the influx will be only too happy to draw one, if given half a chance.

Tim Harper (@nutgraft) is a national affairs columnist for the Toronto Star.

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Wednesday, January 13, 2016

"I'm just a gay guy from Indiana who doesn't play basketball, but now I'm the entertainment president of CBS," Glenn Geller said of his network losing significant ground in depicting ethnic diversity.

Baking the good into goodies

EATING WELL

Sweet! Healthy tricks and substitutions from a dietitian

After holiday indulgences, baking might not be uppermost on the minds of most home cooks. Yet it's not necessary to give it up if you use a few tricks to inject some stealth health into muffins, scones, cakes and other goodies.

Using lentils, barley and canola, along with taking steps to reduce fat and sugar, can go far in making sweets and snacks healthful without sacrificing taste, says registered dietitian Zannat Reza.

Lentils are high in fibre and protein, inexpensive, and easy to add to baking when puréed, says Reza. "On the weekend I'll puree up a whole bunch of lentils, scoop them out in half-cup measurements and freeze them," says Reza, who is based in Toronto.

"If you have the urge to bake you can take out one of these little pucks, thaw it in the microwave and add it to your baking."

Greek yogurt adds more protein and calcium to recipes and can be used in place of sour cream and mayonnaise.

Here are some other ways to put a healthier spin on baking:

Flour power

Swap in whole wheat flour for half the all-purpose flour in a baking recipe. Then add 2 tablespoons of wheat germ, needed because federal rules allow



Spiced Apple and Lentil Skillet Cake. ALL PHOTOS: HANDOUT/THE CANADIAN PRESS

manufacturers to remove up to five per cent of the wheat kernel to reduce rancidity and prolong shelf life.

"You do need to add a little bit extra liquid," says Reza. "For every two tablespoons of wheat germ I find that you need to add at least a quarter cup of liquid. It could be milk, water. Say if a recipe calls for sugar and you're using maple syrup, you're adding a liquid to the baking so that will add towards the liquid."

Look for products that have "whole grain" on the label or in the ingredients list, she says.

Barley flour can be swapped for all-purpose flour. Barley contains vitamins, minerals and amino acids and is low in sodium, fat and sugar. Health Canada has approved a claim linking the consumption of barley beta-glucan, type of soluble fibre, to reduced blood cholesterol.

Barley flakes resemble rolled oats but pack more fibre and are great in granola or as part of a topping for fruit crisp.

Canola oil

Cut the amount of butter with canola oil. In a recipe calling for

1/2 cup of butter, you can swap in 1/3 cup of canola oil.

"When it comes to a lot of muffin recipes I tend to use canola just because it has that neutral taste and also has that source of plant omega-3s which are heart healthy," says Reza.

But for pastry or scones, butter is still better for its consistency.

Hemp seeds

Hemp seeds or hearts boost protein and add heart-healthy fats along with a nutty flavour.

VERSATILE AVOCADO
Swapping in an equal amount of mashed avocado for in chocolate baked goods.

"Sometimes I'll add it to smoothies or on my cereal, but lately I've added it to some granola that I've made. I just add it in the last 10 minutes (of baking)," says Reza.

Puréed or mashed fruit

Swap out about half the fat in a recipe with puréed fruit.

For every 1 cup of unsweetened applesauce, reduce the liquid called for in the recipe by 1/4 cup. THE CANADIAN PRESS



Banana Lentil Muffins are a moist on-the-run breakfast option.

TASTY AND PORTABLE

Satisfying and protein-packed

These moist muffins are a great snack or breakfast on the go.

"They have protein, staying power, keep you feeling full," registered dietitian Zannat Reza says.

She put in extra mashed bananas and reduced the amount of canola called for in a recipe from Canadian Lentils.

Make a double batch and freeze one for up to a month.

Makes 12 muffins.

Ingredients

- 1 egg, slightly beaten

• 1/4 cup canola oil
• 1/2 cup granulated sugar
• 1 1/2 cups bananas, mashed

- 1 cup lentil purée
- 1 tsp vanilla extract
- 1 1/3 cups whole wheat flour
- 2 Tbsp wheat germ
- 1 tsp baking soda
- 1 tsp baking powder
- 1/2 cup raisins

Directions

1. Preheat oven to 400 F.
2. In a bowl, combine egg, canola oil, sugar, bananas, lentil purée and vanilla. Mix well.

3. In another bowl, mix together flour, wheat germ, baking soda, baking powder and raisins. Stir into egg mixture until just combined.

4. Spoon batter into greased muffin pan, filling each cup about two-thirds full.

5. Bake for 15 to 20 minutes or until a toothpick inserted into centre of muffins comes out clean. Let cool and remove from pan.

RECIPE ADAPTED BY REGISTERED DIETITIAN ZANNAT REZA FROM CANADIAN LENTILS.

RECIPE

Spiced Apple and Lentil Skillet Cake

This guest-pleasing recipe has a dash of stealth health (lentil purée, apples and whole wheat flour). Each serving delivers five grams of fibre and eight grams of protein. **Makes 6 servings.**

Ingredients

- 1/3 cup plus 2 tbsp unsalted butter, divided
- 3/4 cup granulated sugar
- 2 large eggs
- 1 tsp vanilla
- 1/2 cup all-purpose flour
- 1/2 cup whole-wheat flour
- 1 tsp baking soda
- 2 tsp cinnamon
- 1 tsp ground ginger
- 1 tsp nutmeg
- 1/2 tsp sea salt
- 2 cups finely chopped apples
- 1/2 cup lentil purée

Directions

1. Preheat oven to 350 F. Grease a 9-inch cast-iron skillet or square baking dish with 2 Tbsp butter.

2. In the bowl of a stand mixer, cream remaining butter and sugar on high speed until light, about 2 minutes, scraping down sides a few times. Add eggs and vanilla. Beat on high for 2 minutes until fluffy, scraping down sides a few times.

3. In a separate bowl, combine flours, baking soda, cinnamon, ginger, nutmeg and salt. Mix well. Using a rubber spatula, fold flour mixture into butter mixture, then stir in apples and lentil purée until smooth.

4. Scrape into prepared pan, smoothing top. Bake for 25 to 30 minutes or until an inserted toothpick comes out with just a few crumbs clinging.

5. Serve warm, with whipped cream or vanilla ice cream.

SOURCE: CANADIAN LENTILS, LENTILS.CA.



Clockwise from top left: Apple praline with apricot sorbet, ice wine mousse, leche de creme and raspberry garnish; smoked scallop with a white chocolate cauliflower mousse, beet puree, pickled fennel, orange and a vodka foam; pierogi with bacon, onion and mushrooms; garlic waiting to be mixed with hummus. TORSTAR NEWS SERVICE

Weeknights at 6 Hannah counts down the HOTTEST songs of the day.

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NEW YEAR'S RESOLUTIONS

Broaden your palate by trying new wines outside your comfort zone

Peter Rockwell
For Metro Canada

If you're looking for a New Year's resolution to broaden your palate in 2016, promise yourself to try new grape varieties.

There's no better way to learn more about wine than drinking outside of your comfort zone and adding an un-

How to prepare for the culinary Olympics

Whether swiping a kitchen tool, turning up a burner or blasting some rock music, Team Canada coaches are prepping junior chefs to stay calm when the heat is on

MEGAN PROPER
"Competition is a sick thing. At the time you hate it, but the second it's over, you want to do it again. It's stressful and time consuming but you still want to do it."

At the culinary Olympics, where teams from around the world make elaborate meals as a five-hour timer ticks down, every flick of the knife is accounted for, right down to the second.

The best way to prepare, according to Canada's junior team, is to prepare the menu over and over, hundreds of times. In the months leading up to this year's event in Germany on Oct. 21-25, the Niagara College Canada-based team will spend thousands of hours making the same dishes so they'll be able to recreate the menu almost robotically. Like athletes, these chefs need to be in the zone.

The coaches are not above a bit of trickery — turning up the heat on a burner, hiding the spatulas, blasting rock music — to help prepare the team for a tournament in which even simple mistakes can be devastating.

Last week, the team played host to their American opponents in a lead-up to the big event. The team needs to be unflappable in the face of Swiss judges in chef's whites looming over their stovetops.

"When you get to the top 10 countries, the differences are so slight. Even though you may have a fantastic team and perform very well, it's similar to sports: who has a good

day? Who's on that day?" said Craig Youdale, dean of the Canadian Food and Wine Institute and manager of Junior Culinary Team Canada.

In 2013, Niagara College won the chance to represent Canada. (The senior team is made up of professional chefs 25 and older from across the country.) Since then, these teammates have been putting in 50 hours every three weeks, on top of school and work, and will continue to do so until they reach Europe.

The team was chosen based on talent, experience and work ethic, but the key on competition day is managing time and stress, Youdale said. Part of training also involves friendly matches, such as the one held at Niagara College over the weekend. The nine-member Canadian under-25 team tempered chocolate, shelled mussels and scraped marrow from veal bones metres away from the Americans who had flown in for the weekend.

On Saturday, the college hosted the U.S. ambassador to Canada, Bruce Heyman, to a six-course dinner prepared by both North American teams. But on Friday, the two teams squared off in a competition before three judges who will also be in Germany.

The menu was similar to the one the Canadian team will present at the Olympics: venison tourtière, quail roulade, roast duck with pressed confit, terrines of mushroom and seafood.

Canada won. But the rivalry is an amicable one, at least for now.

"You're not going down to a fight like hockey," said U.S. team captain Kristyn Granahan on the eve of last week's competition. "You're still enemies, in a way, but friendly ones."

At this year's Olympics, which is known officially as the Internationale Kochkunst Ausstellung Culinary Olympics, there will be 20 countries competing at the student/junior level (at the professional level there are 32 countries).

Each team will create a buffet and three-course menu for 60 guests. Only five team members will be allowed in the glassed-in kitchen. That means the coaches and support team are forced to press their noses to the fishbowl, sweating over every detail but unable to help. One former coach even said the experience was more stressful than waiting for his wife to give birth.

All this painstaking preparation and presentation is great, but Judson Simpson, team mentor and international culinary judge, said the risk is losing sight of what the judges most care about.

"They get so wrapped up in how pretty something looks, because the eyes feast first," said Simpson, whose day job is House of Commons chef. "Taste is very subjective, but people overlook the significance of it. Fifty per cent of the mark is the taste."

TORSTAR NEWS SERVICE

familiar berry to your liquid vocabulary.

Though some of you may think winter isn't the optimum season to experiment with white wine, I'm here to tell you that anytime is a good time to pour white.

I love the Viognier grape this time of year. With tropical aromatics and plump fruit flavours it's tasty on its own and makes a great companion with cold-weather cooking.

Originating in France's Rhône Valley, where it adds oomph to both white and red blends, it's now found a home just about everywhere in the wine world.

Cone Sur's 2015 Bicicleta Viognier (\$9.95-\$12.99) from Chile is a great entry level version with a plush, peach-meets-apricot aroma and surprising weight on the palate for a relatively inexpensive wine.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.



Fish we can't resist

SNACK FOODS

New spin on classic goldfish crackers

Despite the zeal toward eating local and whole foods, kids and adults are inhaling these addictively cheesy and salty fish crackers by the handful. Sales of Goldfish crackers alone totalled more than \$435 million in 2013, and 142 billion of the crackers are produced each year by Pepperidge Farms.

This take on a traditional Apple Brown Betty gives a delightful crunch to the buttery flour crumble topping, and adds a cheesy, salty flavour inspired by the classic American pairing of apple pie and cheddar cheese.

Ingredients

- 2 small baking apples, cored, and sliced into eighths, peeled if desired (try Honeycrisp or Pink Lady)
- 7.5 mL (1 1/2 tsp) ground cinnamon
- 5mL (1 tsp) lemon juice
- 5mL (1 tsp) brown sugar
- 5mL (1 tsp) hot water
- For the crumble
- 30mL (2 Tbsp) all-purpose flour
- 15mL (1 Tbsp) brown sugar
- 30mL (2 Tbsp) unsalted butter, room temperature



Apple Brown Betty with Goldfish Cracker Crust. TORSTAR NEWS SERVICE

- 125mL (1/2 cup) cheddar-flavoured Goldfish crackers, crushed
- 5mL (1 tsp) unsalted butter, room temperature

Preheat oven or toast-er oven to 350F.

Directions

1. In a bowl, toss the apple slices with the cinnamon and stack them in an oven-safe dish.
 2. In another bowl, mix the lemon juice, 1 tsp of brown sugar, and hot water until the sugar dissolves. Pour the mixture over the apples. Set aside.
 3. In another bowl, combine the flour, 1 Tbsp brown sugar, and 2 Tbsp of unsalted butter until it reaches a crumbly texture. Sprinkle it evenly on top of the apples.
 4. Bake for 40 minutes.
 5. Melt the remaining 1 tsp of butter and pour it over the crushed crackers, coating them evenly. Remove the dish from the oven and sprinkle the buttered crackers over the top.
 6. Melt the remaining 1 tsp of butter and pour it over the crushed crackers, coating them evenly. Remove the dish from the oven and sprinkle the buttered crackers over the top.
 7. Place back in oven and bake for another 20 minutes.
 8. Remove from oven. Let rest for 5 minutes before serving. Serves 2.
- TORSTAR NEWS SERVICE

EAT SMART

Three ways to waste less and want less this diet season

Theresa Albert
For Metro Canada

You will not get through a workday this month without hearing about someone's diet or weight loss resolutions. Love it or hate it, this time of year is filled with tips, hacks and trends that encourage us to tighten the belt. Here are three ways that you can join in, by

adding some pizzazz to your meals in place of calories.

Spiralize your vegetables

There are a number of tools in a variety of price ranges that will turn zucchini or carrots into strings. The idea here is a great one, change the shape of a low calorie, high nutrient food into something most diet plans consider forbidden: pasta. Once cut, the strings can be steamed or served raw

and tossed with herbs, garlic and a touch of oil to be served hot or cold.

Buy a Bento

Japanese lunch boxes have been a thing for a long time but they are really taking off now as more people are avoiding the food court. These bins with separated compartments allow a wide variety of foods to be served all at once. This means less waste in the kitchen

as any little bits and pieces of leftovers can be tucked into a box. Only have three green beans left? Top with pine nuts and tuck in next to the half avocado. Fill one compartment with leftover dressed salad and add a half a can of lentil. The combinations are endless and the containers so chic.

Freezer food

Ice cream is pretty much on everyone's no-no diet. The

paleo people don't dairy nor do the vegans. The Weight Watchers don't do high fat/high sugar either but creamed fruit is all the rage. Simply add one avocado to a cup of frozen berries or bananas and blend. The good fat makes it creamy and the fruit keeps it lower cal.

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food.



Spiralized zucchini. ISTOCK

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Your essential daily news

Derek Zoolander gives his best Blue Steel in new Fiat 500X commercial



Spreading cuteness to crossovers



THE CHECKLIST | 2016 FIAT 500X

THE BASICS

Type. Five-door, five-passenger, FWD or AWD, subcompact crossover
Power. 160-hp turbo 1.4-litre I4, 180-hp 2.4-litre I4
Transmission. six-speed manual, nine-speed automatic
Price. Base \$21,995 (plus destination)

COOL FEATURES

- AWD features regular, sport, and super traction modes, and also automatically disconnects rear axle, when AWD not needed.
- Big dual panel sunroof, lots of exterior colours.
- Full suite of safety systems available, including forward collision and blind sport warning, and rear cross path detection.



MAIN AND INTERIOR PHOTOS: MIKE GOETZ/FOR METRO; OTHERS HANDOUT

POINTS

- Cute yet rugged styling stands out in crowded crossover market.
- No cheap AWD versions; AWD only available on higher trim lines, and with 2.4-litre engine and automatic transmission.
- Achieved Top Safety Pick + status, highest safety rating awarded by the IIHS.

MARKET POSITION

- Designed and built in Italy, and marketed as such — it's the stylish and fun alternative with flair and personality.
- First Fiat to offer AWD; shares platform with Jeep Renegade.
- Fiat's entry in hot subcompact crossover segment; a segment that has great appeal to young couples and families, and empty nesters.

THE COMPETITION



Mini Countryman
Base price: \$29,950



Nissan Juke
Base price: \$20,698



Buick Encore
Base price: \$29,645

FOR A LIMITED TIME

Jeep marks 75th anniversary with special-edition vehicles

Necessity may be the mother of invention but even Willys-Overland, the original Jeep's builders, had no idea that they were creating a truly timeless automotive icon when they accepted a U.S. military challenge to design and build an all-terrain vehicle in just 60 days.

"Jeep vehicles have defined the authentic SUV and set the benchmark for off-road capability and freedom since they were first produced in 1941," said Mike Manley, Head of Jeep Brand FCA Global. "In honor of the brand's 75th anniversary, we have cre-

ated eye-catching, special-edition models of each vehicle in our lineup that celebrate the unparalleled history of the legendary Jeep brand."

To ensure the special editions stand out among their peers, they will be offered in a choice of three Jeep-model exclusive shades of Green (a small selection of other colours are available), plus contrasting orange accents.

The 75th Anniversary Wrangler and Wrangler Unlimited editions will be offered in Sarge Green with bronze coloured wheels and headlamp surrounds.



Jeep's birthday fleet was unveiled at the Detroit Auto Show. COURTESY JEEP

The models also get unique rock rails, and a body-coloured front grille, while inside the heated seats are trimmed in leather with mesh inserts.

Recon Green is the colour choice for the Cherokee and Grand Cherokee. But as well as a special paint finish, the Grand Cherokee turns up the style even further with a unique front fascia, grille and headlamps. The

paired with an automatic transmission or AWD, so if you want either of those pieces, you have to move up to the Sport trim (where the 2.4-litre is optional), or the Trekking and Lounge trims (where the 2.4-litre engine is standard).

Our tester was a Trekking with AWD (\$32,690) model, with several options, including the big 8.4-inch touchscreen with all the fancy audio stuff and navigation, and the really, cool and big "two-pane" powered sunroof, for a pre-tax, pre-destination charge tally of \$35,875, which actually represents pretty good value, considering the level of equipment.

Getting comfy and adjusted behind the wheel is a synch, thanks in part to Chrysler's intuitive touchscreen, and lots of nice, round switchgear, which is part of the "rounded" interior and exterior vibe of the Fiat 500 line.

On one particular long-haul drive, I found myself squirming a bit in the driver's seat, which seems less supportive than it could be. But overall the cabin's a great place to hang out. The 180-hp 2.4-litre engine is plenty strong and peppy, but the real technological treat is the nine-speed automatic transmission.

The excellent powertrain is let down, however, by the handling. Nothing dangerous, just a bit too much body motion over rough stuff and in the corners, and not too involving. If you like to zone out when you drive, this will not be a problem, but if you need to get your driving fix everyday, maybe look elsewhere.

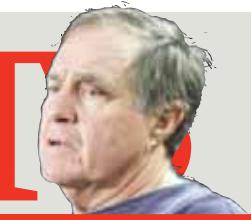
Otherwise the 500X looks good, especially in the ... well, looks department.

look is completed by glossy black body accents. This means the orange accents move to the interior, adorning the seats as a contrast stitching colour instead.

The Renegade gets new grille surrounds, fog lamp bezels and roof rack in a bronze finish to go with its jungle green exterior finish, and inside there's a Beats Audio system. Finally, the Compass and the Patriot also gets new bronze exterior and interior detailing while a power sunroof, remote start and a leather-wrapped steering wheel are also standard equipment. AFP

metro SPORT

'I think I'll live': Bill Belichick has a black eye and neither his players nor reporters can get the Patriots coach to reveal how he got it



'No excuse': Mooseheads drop ugly one to Titan

QMJHL

Crowds clear out as Herd fall behind early



Kristen Lipscombe
Metro | Halifax

TUESDAY In Halifax

7 TITAN **3** HERD

working hard after being down 4-0," Herd defenceman Taylor Ford said after the game.

Acadie-Bathurst's first goal was unassisted from defenceman Mark Trickett about five and a half minutes into the game. Trickett then assisted forward Christophe Boivin's power-play goal at 11:29 in the first, while Vladimir Kuznetsov and Garrett Johnston both increased the lead before the Mooseheads (14-23-5-1) were able to answer back.

With four of 10 shots slipping past starting netminder Eric Brassard by 17:58 in the first, Halifax coaching staff pulled the 20-year-old from Longueuil, Que., opting to put 18-year-old backstop Kevin Resop of St. Petersburg, Fla., between the posts instead.

"Obviously, it's a problem," Ford, 18, said of the Herd's high goals-against in recent games. "The goals will come ... but we're not going to win games when they're scoring seven goals."

The Mooseheads did score three of their own, including an unassisted marker from forward Maxime Fortier, 18, and a



Mooseheads winger Connor Moynihan looks for an opening from behind the Acadie-Bathurst Titan net during Tuesday night's game at Scotiabank Centre. JEFF HARPER/METRO

follow-up from fellow veteran Vincent Watt, 19, to close out the first with a 4-2 score.

But second-period goals from Samuel L'Italien and Cole Rafuse of Kingston, Ont., who notched his first in the QMJHL, ensured the Titan maintained a distant 6-2 lead.

"We've got to work on our defence; simple as that," Ford said. Halifax forward Connor

Moynihan, 18, closed the gap slightly on a power play at 16:45 in the second, but Acadie-Bathurst winger Daniil Miromanov made the final 7-3 statement.

"They outworked us every shift," Moynihan said. "Here and there, we worked a little bit, but it's all about consistency, and we didn't bring that."

Resop finished with 25 saves. Overall, the Moose have had

a tough 2015-16 season, and as a result are in 17th place in the QMJHL, sixth in the Maritimes Division. The young team also recently lost a handful of star players to the mid-season trade deadline.

"Every game that you play is behind you, and you're on to the next game," Moynihan said. "We've just got to keep working."

IN BRIEF

Tigers star Stammberger named player of the week

A Dalhousie Tigers basketball superstar has been named female athlete of the week by Atlantic University Sport.

Tessa Stammberger, 22, put up 52 points, pulled down 15 rebounds, added four assists and made three steals in two games — a win and a loss — this past weekend.

The five-foot-11, fifth-year forward from Kensington, P.E.I., is leading the Tigers with an average of 20.4 points per game, the second most in the AUS.

Stammberger is a bachelor of kinesiology student.

Acadia Axemen hockey forward Brett Thompson received men's athlete of the week honours after scoring three goals and adding three assists in two wins over the weekend.

The five-foot-nine Sault Ste. Marie, Ont., native is in his fourth year of CIS eligibility and is studying community development.

AUS commits to Let's Talk

Atlantic University Sport has signed on to a national mental-health awareness campaign.

AUS announced Monday that it will mark Bell Let's Talk Day on Jan. 27 by encouraging conversation about mental health among its 2,200 student-athletes at 11 schools, including at four different men's hockey games across Atlantic Canada.

KRISTEN LIPSCOMBE/METRO

UP NEXT

The Mooseheads have another chance to snag some points at home this Thursday when they host the Quebec Remparts starting at 7 p.m.



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MLB

Dodgers announce hiring of ex-Jays GM

Former Toronto Blue Jays general manager Alex Anthopoulos is back working in baseball again.

The 38-year-old Montreal native will serve as the Los Angeles Dodgers' vice-president of baseball operations. The National League West division champions announced the move Tuesday on their official Twitter feed.

The hiring reunites Anthopoulos with Ismael Cruz, who served as his former special assistant and director of Latin American operations before joining



Alex Anthopoulos
THE CANADIAN PRESS

the Dodgers last November. Anthopoulos will also be working with Dodgers general manager Farhan Zaidi, a native of Sudbury, Ont.

Anthopoulos will assist in all aspects of baseball operations, the Dodgers said in a release.

THE CANADIAN PRESS

IN BRIEF

Bouchard reaches quarters in Aussie Open tune-up

Eugenie Bouchard earned a spot in the quarter-finals of the Hobart International tennis tournament after scoring a 6-4, 7-5 victory against Belgian Alison Van Uytvanck on Tuesday. THE CANADIAN PRESS

Big Ben chipped on shoulder

Pittsburgh Steelers quarterback Ben Roethlisberger has "a chance" of playing Sunday against the Denver Broncos after injuring his right shoulder last weekend.

He said on his radio show Tuesday he sprained a joint in his throwing shoulder and also tore some ligaments.

Coach Mike Tomlin said wide receiver Antonio Brown will continue to go through the NFL's concussion protocol. THE ASSOCIATED PRESS

Blackhawks extend coach

The Chicago Blackhawks

have given a three-year contract extension to Joel Quenneville, locking up the highly successful coach through the 2019-20 season.



If I win, I'll let you guys know.

Even though Alex Ovechkin makes \$10 million a year playing for the Washington Capitals, he can't pass up the chance to try to win the \$1.5-billion Powerball jackpot.

NHL

Jagr, Luongo have meshed well with young core

Roberto Luongo was 11 when Jaromir Jagr entered the NHL.

Asked what he recalled about the flashy forward back then, the Florida Panthers' 36-year-old goalie responded with a smile: "The mullet."

Luongo is among a handful of Panthers who remember, or were even alive, when Jagr played his first game back in 1990.

"He's a freak of nature," Luongo said of his 43-year-old teammate. "I've never seen anybody like that before. Incredible the things he's doing at his age, the work ethic he has."

Perhaps equally incredible is how Luongo, Jagr and a few other veterans have meshed with the Panthers' talented and youthful core to turn heads and be one of the NHL's biggest surprises through the first half of the season.

Florida (26-12-5) won a franchise-record 12 straight games before Monday's 3-2 loss overtime loss in Vancouver, a stretch that rocketed the club up the standings to first place in the Atlantic Division and second in the Eastern Conference.

"Everybody's really bought into what we're trying to do as



The Panthers roster is a mix of young and old, including Jonathan Huberdeau, left, 22, Jaromir Jagr, 43, Jussi Jokinen, 32, and Aaron Ekblad, 19. JOEL AUERBACH/THE ASSOCIATED PRESS

There's a lot of buzz. That's what it takes to bring people to the building down there.

Roberto Luongo on the spike in attendance at Panthers home games

play well. That's the most important thing."

Jagr has 15 goals and 17 assists this season, while Luongo saw a personal nine-game winning streak snapped in the loss to Vancouver after allowing two goals or fewer in six straight starts.

"Everybody's playing well so it's easier for me to do my job and contribute," said Luongo. "Guys go down, other guys step up. Whether that's a young call-up or guys that have been out of the lineup, chemistry in the locker-room is really great."

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RECIPE Light and Simple Faux Pho

PHOTO: MAYA VISNY

Ceri Marsh & Laura Keogh
For Metro Canada

Far from authentic, this light and bright soup is an easy version of the intoxicating, traditional Vietnamese soup.

Ready in
Prep time: 30 minutes
Serves 4

Ingredients

- 1 Tbsp vegetable oil
- 2 garlic cloves, minced
- 1 tsp fresh ginger, minced
- 6 oz rice vermicelli (half of most packages)
- 3 1/2 cups chicken stock
- 1 cup water
- 14 oz can of coconut milk
- 3/4 lb of chicken breast, thinly sliced
- 6 Tbsp fresh lime juice
- 3 Tbsp fish sauce

- 2 tsp sugar
- Handful of cilantro
- Handful of bean sprouts
- 1 cup julienned carrots
- 1 cup julienned red pepper

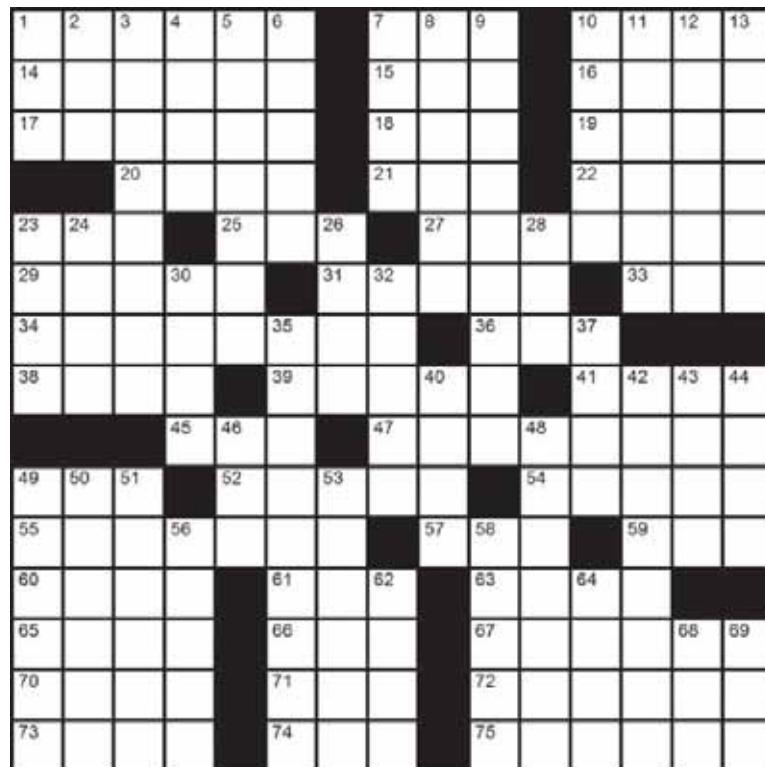
Directions

1. In a large pot, warm up your vegetable oil and sauté the garlic and ginger until they're translucent and fragrant. Add the stock, coconut milk and water and bring to a simmer. Add the chicken and cook for 20 minutes.
2. While that's happening, soak your noodles in luke-warm water in a large bowl. Once the chicken has been cooking for 20 minutes, add the noodles and stir. Add the lime, fish sauce and sugar. Taste to check seasoning.
3. Serve in large bowls and top with fresh carrots, sprouts, peppers and cilantro.

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1. Make a raised design, as on stationery
7. Ball shape
10. Montreal 'souls'
14. Informant
15. 'Ballad' suffix
16. Immense
17. Islands, in The Caribbean
18. 'Impress' suffix
19. Particular preposition
20. Business contact nos.
21. Ben-Hur author Mr. Wallace
22. Cracked a bit
23. Mount _ (Volcano in Japan)
25. Energy
27. Get back together
29. _ of judgment
31. Defect
33. Mr. Danson of "Cheers"
34. Arctic sky-to-snow aircraft
36. ' _ ' in Iberville
38. " ! _ ..." (American anthem opener)
39. Combine, corporate-ly
41. Rhyming scheme
45. Be in need of Kleenex
47. One taking city transit: 2 wds.
49. 'Passion' suffix
52. Gold medal position
54. Taco kit brand, with Paso: 2 wds.
55. Kitchen set
57. Prefix to 'metrical'
59. Company's stock mkt. debut
60. Ms. Ryan's
61. Global currency org.
63. West's opposite direction
65. Goo Goo Dolls hit
66. Boat's one-of-two
67. Sprinkle with holy oil
68. Ms. Russo
69. Mini-looking guitar
70. One cracking a code
73. Shangri-la
74. Picture
75. Canadian-born reality star Shannon,

**and surnamesakes**

5. Ready-to-start-slicing surgeon's request
6. Feel
7. Eye: French
8. Paul _ & The Raiders
9. Minhas _ and Distillery (Co-founded/co-owned by

DOWN

1. Techie bail-out key
2. Bygone bird
3. Canadian daily deals website co-founded by #48-Down
4. "Him _ - What's It Gonna Be?": Tune

- 11-Down)
10. Like a Canada Goose, for example
11. As per #9-Down... Ms. Minhas, Dragon on CBC's "Dragons' Den"
12. CBC's "The Fifth _"
13. Stashed
23. To boot
24. _ Fifth Avenue (Posh store)
26. Window what?
28. Ms. Hagen of Broadway
30. Belonging to an undercover agent
32. Words of action
35. Aspirational
37. Go boating
40. Grit
42. Food's extra ingredient
43. Traffic jam sound!
44. _ and Janis (Comic strip)
46. Commonly, in poetry
48. As per #3-Down... Dragon on CBC's "Dragons' Den", Michele _
49. Look up to
50. Like a wedding cake
51. Car part
53. Create a newer version
56. German industrial city
58. Bread-making ingredient
62. Discharge
64. Fish variety
68. Mr. Beatty
69. Actor Mr. Knight, et al.

*** IT'S ALL IN THE STARS** by Sally Brompton**Aries** March 21 - April 20

Play by the rules and don't cut corners. There's a lot at stake and while it may seem as if no one is watching they almost certainly are. Act as if the eyes of the world are upon you.

Taurus April 21 - May 21

Throw caution to the wind and do whatever it takes to make your mark. Aim to be first in everything you do and before the day is over your name will be up in lights. Don't pretend you don't want that — because you do!

Gemini May 22 - June 21

Any promises you made in recent weeks will have to be made good today and tomorrow. If you can't deliver on them then you may have to pay compensation.

Cancer June 22 - July 23

You don't have the last say. What can you do about it? Not a lot but it's no big deal. The cosmic wheel will turn again and one day soon you'll be calling the shots.

Leo July 24 - Aug. 23

Keep your plans simple because it will be all too easy to get into a muddle and lose track of what you are supposed to be doing. Cosmic activity in the work area of your chart means you need to stay flexible.

Virgo Aug. 24 - Sept. 23

You'll find yourself in a position of power but don't let it get to your head. If you're too domineering you could spark a feud that lingers for weeks, months, maybe even years.

Libra Sept. 24 - Oct. 23

If you need to make changes on the home front then do it now. If you don't take control someone else will, so start guiding events, and people, in the direction you want them to go.

Scorpio Oct. 24 - Nov. 22

You will think and act fast today and it may be frustrating when you have to slow down because others are dragging their feet. Look for intelligent ways to get ahead of the pack.

Sagittarius Nov. 23 - Dec. 21

Success needs to be worked at continuously. What happens today will make sure you don't forget that point. What you achieved in the past no longer matters — you are only as good as your next big win.

Capricorn Dec. 22 - Jan. 20

You'll find a way to get what you want. You can sense that the cosmic omens are on your side you won't allow anyone to stand in your way.

Aquarius Jan. 21 - Feb. 19

You seem to have a lot of negative feelings and you need to do something about them. Find a way to be alone with your thoughts today so you can get your head back in shape.

Pisces Feb. 20 - March 20

Today you'll come into contact with someone who has amazing ideas and can inspire you to achieve great things. They may not look remarkable at first sight though, so keep your eyes and ears open. Genius comes in all shapes and sizes.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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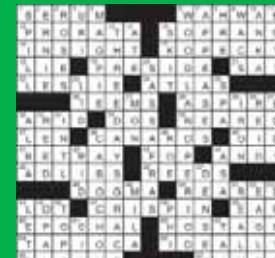


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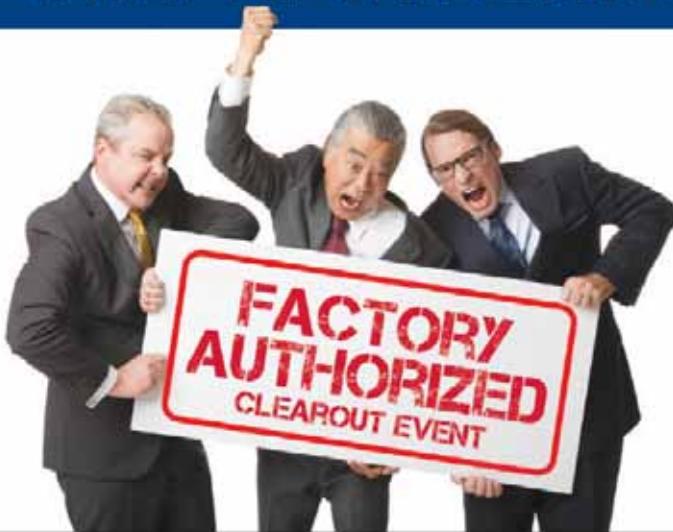
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